



Studies Abroad for Global Education

Belize – Sample Itinerary

* This Itinerary is a SAMPLE. SAGE works with each group to customize their experience, providing a variety of educational, cultural, adventure and service-based activities!

Date	Activity	Evening Location
Day 1	<p>Morning: Depart for Belize City</p> <p>Afternoon: Arrive late afternoon - You are met at Belize airport for a private transfer into the rainforest to your jungle lodge (approx 1.5 hrs).</p> <p>Evening: Enjoy a Belizean dinner and orientation.</p>	Chaa Creek Macal River Camp, Cayo District
Day 2	<p>Morning: After breakfast, hop on your mountain bikes for an exploration of Mountain Pine Ridge park and visit to Claria Falls.</p> <p>Afternoon: Enjoy lunch at a local restaurant before your guided canoe tour of Chaa Creek.</p> <p>Evening: Dinner and rest after a strenuous day!</p>	Chaa Creek Macal River Camp, Cayo District
Day 3	<p>Morning: Tour Caracol – the largest Maya site in Belize, deep in the Mountain Pine Ridge rainforest.</p> <p>Afternoon: After lunch, take a refreshing swim in the Rio Frio Cave Pools.</p> <p>Evening: Dinner and activities</p>	Chaa Creek Macal River Camp, Cayo District
Day 4	<p>Morning & Afternoon: Today you will explore the most famous and adventurous cave in Belize, Atun Tunich Muknal Cave. Hike through the jungle towards the entrance of the cave. Discover incredible stalactites and stalagmites as well as the remains from ancient Maya ceremonies. This cave holds an amazing surprise right at the end of the visit!</p> <p>Evening: After an adventurous day we get back to our lodge and enjoy the sunset.</p>	Chaa Creek Macal River Camp, Cayo District
Day 5	<p>Morning & Afternoon: Transfer to Mountain Equestrian Trails for a full day of horseback riding. Ride through vibrantly rich tropical forests to Big Rock Waterfalls, where you will enjoy a picnic lunch and swimming!</p> <p>Evening: Free to rest and relax</p>	Chaa Creek Macal River Camp, Cayo District
Day 6	<p>Morning: Transfer with your driver and guide just across the border into Guatemala to Yaxha National Park where you will enjoy a private guided tour of this lesser visited, incredible site. Search the jungle for howler and spider monkeys as well as many colorful tropical birds. Relax on the shores of Lake Yaxha while you enjoy a picnic lunch.</p> <p>Afternoon: Journey on to Tikal where you will spend the night</p> <p>Evening: Free to explore around the Jaguar Inn</p>	Jaguar Inn, Tikal



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<p>Day 7</p>	<p>Morning: Enjoy a private guided tour of the world-famous Mayan site of Tikal, with huge temples rising up through the jungle canopy and a variety of tropical animals and birds on show. Afternoon: You can have the afternoon to tour the museum or return to the site to explore Tikal on your own. Evening: Free and rest from your day's adventure</p>	<p>Jaguar Inn, Tikal</p>
<p>Day 8</p>	<p>Morning & Afternoon: Travel deeper into the rainforest to Ixpanpajul Nature Park on your way back into Belize. Soar through the canopy on a zip-line adventure! You may also choose to tour the canopy by walkway. On either trip, you can appreciate local flora and fauna and see a variety of tropical wildlife. Evening: Free and rest from your day's adventure back at Chaa Creek</p>	<p>Chaa Creek Macal River Camp, Cayo District</p>
<p>Day 9</p>	<p>Morning: Put on your headlamp for your cave tubing adventure at Jaguar Paw! Float downriver on inner tubes through caves and rainforest scenery. Afternoon: Transfer to the airport for your 25min flight to Ambergris Caye – a Caribbean Island off the coast of Belize. Explore the island and settle in to your beachfront hotel. Evening: Free to walk / explore along the beach</p>	<p>Sunbreeze Hotel, Ambergris Caye</p>
<p>Day 10</p>	<p>Morning: Snorkel in Hol Chan - a natural break on the barrier reef where ocean depth ranges from 3 to 30 feet. You will see a breath taking myriad of marine life and a huge coral garden. Afternoon: Continue your snorkeling adventure in Shark Ray Alley, where you will swim alongside harmless nurse sharks and stingrays! Evening: Free to walk / explore along the beach</p>	<p>Sunbreeze Hotel, Ambergris Caye</p>
<p>Day 11</p>	<p>Morning: Explore surrounding islands by boat in search of manatees. Afternoon: Spend your last afternoon swimming, relaxing on the beach, and snorkeling. Evening: Farewell BBQ and closing activities</p>	<p>Sunbreeze Hotel, Ambergris Caye</p>
<p>Day 12</p>	<p>Morning: Fly to Belize International Airport for your flight home! Evening: Arrive home!</p>	<p>Home!</p>