



# Studies Abroad for Global Education

## Guatemala: *Service and Adventure*

\* This Itinerary is a SAMPLE. SAGE works with each group to customize their experience, providing a variety of educational, cultural, adventure and service-based activities!

Date	Activity	Evening Location
Day 1	<p><b>Morning:</b> Depart for Guatemala City</p> <p><b>Afternoon:</b> Arrive in Guatemala City, you will be picked up by your guide and transported to the first gathering site. If time allows, explore the sites of <a href="#">Guatemala City</a>.</p> <p><b>Evening:</b> Free time to relax after your long trip here.</p>	Hotel/ Guesthouse in Guatemala City
Day 2	<p><b>Morning:</b> Visit to <a href="#">Museo Ixchel</a>, the internationally award winning textile museum.</p> <p><b>Afternoon:</b> Visit UPAVIM, an inspiring women's cooperative in one of the poorest barrios (neighborhoods) of Guatemala City.</p> <p><b>Evening:</b> Free time to eat and relax.</p>	Hotel/Guesthouse in Guatemala City
Day 3	<p><b>Morning:</b> Travel just outside Guatemala city into <a href="#">Antigua</a>, take a quick tour around to stop and view various places of interest.</p> <p><b>Afternoon:</b> After lunch, continue to explore one of Guatemala's most famous colonial cities.</p> <p><b>Evening:</b> Return to Guatemala City, relax, eat and prepare to leave the next morning.</p>	Hotel/Guesthouse in Guatemala City
Day 4	<p><b>Morning:</b> Depart for the Highlands and the village of El Adelanto, Sololá.</p> <p><b>Afternoon:</b> Stop in the villages of El Adelanto and Sololá, to see the Mayan Hands projects. Women here crochet various bags, baby hats, and accessories. Observe traditional Mayan basketry, both pine needle and sweet grass, are used to make the baskets. Then leave for <a href="#">Lake Atitlán</a> and <a href="#">Panajachel</a></p> <p><b>Evening:</b> Arrive at Lake Atitlán and Panajachel, hotel/guesthouse check in.</p>	Hotel/ Guesthouse in Panajachel
Day 5	<p><b>Morning:</b> Travel by boat to <a href="#">Santiago Atitlán</a></p> <p><b>Afternoon:</b> At the Mayan Hands project, meet weavers using both backstrap and small foot looms. We will also see the aftermath of <a href="#">Hurricane Stan</a> and hear more about how the women's lives have changed in the two years since a giant mudslide buried their village</p> <p><b>Evening:</b> Return to hotel/guesthouse, and enjoy some free time.</p>	Hotel/ Guesthouse Panajachel
Day 6	<p><b>Morning:</b> Travel to Vasconcelos and Morales, two communities very close to each other.</p> <p><b>Afternoon:</b> Meet and learn about the talented and hard working women in these two communities who work on backstrap looms to make table runners, bibs, baby blankets, and more. They also weave with just their hands making knotted bracelets and beaded jewelry. They do some jaspe/ikat, a tie-dyeing technique applied to the yarn before it is woven to create the designs that distinguish so many Guatemalan textiles.</p> <p><b>Evening:</b> Return to hotel/guesthouse for dinner and relaxation.</p>	Hotel/ Guesthouse in Panajachel



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<b>Day 7</b>	<p><b>Morning:</b> Free day to explore and wander the markets of Panajachel.</p> <p><b>Afternoon:</b> Optional boat trip across the lake to visit other nearby communities.</p> <p><b>Evening:</b> Free time to continue to experience the culture of Panajachel, take the time to try some of the local cuisine.</p>	<i>Hotel/ Guesthouse in Panajachel</i>
<b>Day 8</b>	<p><b>Morning:</b> Travel to visit the market of <a href="#">Chichicastenango</a></p> <p><b>Afternoon:</b> Spend the afternoon exploring Chichicasenango market, practice bartering, and purchase souvenirs or gifts to take back home. Then return to Panajachel hotel/guesthouse.</p> <p><b>Evening:</b> Take the evening to relax and enjoy the sunset sitting by Lake Atitlán.</p>	<i>Hotel/ Guesthouse in Panajachel</i>
<b>Day 9</b>	<p><b>Morning:</b> Learn about our education project that focuses on four major areas: artisan techniques, small business skills, democracy and organization, and traditional medicinal techniques.</p> <p><b>Afternoon:</b> Meet and learn about some of the other NGO's working in the area.</p> <p><b>Evening:</b> Free time.</p>	<i>Hotel/ Guesthouse in Panajachel</i>
<b>Day 10</b>	<p><b>Morning/ Afternoon:</b> Head back to Guatemala City, stopping along the way to visit the Mayan ruins at <a href="#">Iximche</a> and to visit Lin Canola, a store with an astonishing array of hand-woven Guatemalan fabrics on bolts</p> <p><b>Evening:</b> Eat one last meal together, before returning home</p>	<i>Hotel in Guatemala City</i>
<b>Day 11</b>	<p><b>Morning:</b> Depart for Home!</p>	<i>Home</i>